

# Caring & Carer Programme

## Caregiver Training for Diabetes Support

<b>Duration</b>	<ul style="list-style-type: none"> <li>4 hours</li> </ul>
<b>Course Modules</b>	<ul style="list-style-type: none"> <li>Develop a strong understanding of diabetes, including its different types, causes, and risk factors.</li> <li>Learn about the signs and symptoms of diabetes and methods for early detection and diagnosis.</li> <li>Acquire practical skills for monitoring blood glucose levels and managing diabetes medications.</li> <li>Explore dietary guidelines and physical activity recommendations for individuals with diabetes.</li> <li>Understand the emotional and psychological aspects of living with diabetes and develop strategies for providing emotional support.</li> </ul>
<b>Language</b>	<ul style="list-style-type: none"> <li>English</li> </ul>
<b>Certification</b>	<ul style="list-style-type: none"> <li>A Certificate will be issued upon completion of the course.</li> </ul>
<b>Methodology</b>	<ul style="list-style-type: none"> <li>Discussion</li> <li>Scenarios</li> </ul>
<b>Course Information</b>	<p>The Caregiver Training for Diabetes Support course is designed to educate caregivers on the essentials of caring for individuals with diabetes. This course is for professional caregivers, family members, and anyone seeking to provide comprehensive support to individuals living with diabetes, promoting their health and well-being while ensuring safe and effective diabetes management.</p>